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Diplomate, American Board of Surgery
Clinical Associate Professor of Surgery,
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Member, American Society of Breast Surgeons

| Name: | | | Date: | _ | |
|--|--------------------|---|---|------------------|--------------|
| Date of Birth: | | | - | | |
| I prefer to be called: | | | | | |
| I currently have (circle): | ♦ No breast | problems | ♦ Breast pain | ♦ Breast lun | np or mass |
| ♦ Nipple discharge | ♦ Breast sk | n changes | ♦ Abnormal Mammogram | ◊ Abnormal | Breast MRI |
| ♦ Family history of breast cancer | ♦ History o | f breast cancer | ♦ Other: | | |
| I have had a previous: | | | | | |
| Breast biopsy (circle): | Yes | No | If yes, list year(s) and results: | | |
| Cyst aspiration (circle): | Yes | No | If yes, list year(s): | | |
| Breast infection (mastitis) or absce | ss (circle): | Yes | No | | |
| Breast reduction: | Yes | No | Breast implants: | Yes | No |
| Other breast surgery: | | | Radiation Exposure: | Yes | No |
| Have you had genetic testing: | Yes | No | If yes: date tested | Which com | pany: |
| Gynecologic History: | Age with fi | st period: | First day of most recent menstr | ual period: | |
| Number of pregnancies: | Number of | live births: | Age with first live birth: | _ | |
| Breast fed: Yes | No | Duration wit | th each child: | Age with m | enopause: |
| Hormone use (circle): | birth contro | ol pills | hormone replacement therapy fertility medication | | |
| Туре: | | | Number of years of use: | | |
| Were you exposed to DES (diethyls | tilbestrol) in ute | ro? Yes | No Have you ever tak | en DES? Yes | No |
| Height: | Weight: | | Bra size: | - | |
| Cigarette smoking: packs | per day for | years | Quit (date): | Alcohol: | drinks/day |
| Exercise frequency: | _ times per wee | k | Diet (circle one): Hig | gh fat Medi | um Low fat |
| Have you ever had your vitamin D l | level checked? _ | | If yes, list year of last study/resu | ult: | |
| Have you had a colonoscopy? Yes No | | If yes, list year of last study/result: | | | |
| Have you had a DEXA scan (bone density study)? | | | | | |
| Date of last gynecologic examination | on: | | _ | | |
| Caffeine (coffee, tea, cola, chocolat | | | | | |
| Occupation: | | | Date of last COVID-19 vaccination | on: | |
| | | | In which arm did you receive yo | ur last COVID 10 | vaccination? |

In which arm did you receive your last COVID-19 vaccination?

Right or Left

| I have the follow | ving medical proble | ms (circle): | | | | | |
|-------------------|--|----------------------|----------------|-----------------|----------------|-----------------|-------------------|
| Hypertension | Heart Disease | Heart murmur | Stroke | Irre | gular heartbe | at Hig | gh cholesterol |
| Diabetes | Thyroid disease | Asthma | COPD | Sinu | us problems | GERD (reflux | c) Peptic ulcers |
| Crohn's Disease | Celiac Disease | Chronic Ulcerati | ve Colitis | Ost | eoporosis | Arthritis | Psoriasis |
| Venus thrombos | enus thrombosis (blood clot) Pulmonary | | olism | Coa | gulopathy (cl | otting disorde | r) |
| Cancer: | | Kidney failure/in | sufficiency | Blee | eding Diathes | is (bleeding te | ndency) |
| Seizures | Depression | Other psychiatri | c diagnosis | Cata | aracts | Glaucoma | Hearing Loss |
| Uterine fibroids | Other: | | | | | | |
| List any surgery | you have had and t | he year(s) it was pe | erformed: | | | | |
| Have you had ar | ny problems with ar | esthesia? If yes, pl | ease explain: | | | | |
| | | | | | | | erious exercise? |
| Medications/vita | amins/supplements | : 1 . | | | 2. | | |
| | | | | | | | |
| | | | | | | | |
| | omplementary med | | | | | | |
| | irin on a daily basis | | No | | | | |
| Medication aller | gies: | ◊ I have n | o medication | allergies | | | |
| 1 | | Reaction: | | | | | |
| 2 | | Reaction: | | | | | |
| Environmental a | allergies: | | | ental allergies | | | |
| 1 | | Reaction: | | | | | |
| 2 | | Reaction: | | | | | |
| Are you allergic | to Latex? | Yes | No | Are you | allergic to ad | lhesive/tape? | Yes No |
| I currently have | the following symp | toms: ◇I have no | one of the phy | ysical sympt | oms listed be | low | |
| fever | chills | fatigue | | | (amount) | | (amount) |
| chest pain | palpitations | cough | shortness o | of breath: | ♦ at rest | ♦ with activi | ty |
| sinus pain | seasonal allergie | s/ hay fever | abdominal | pain | loss of app | etite | nausea |
| vomiting | constipation | diarrhea | bloody sto | ol | abdominal | bloating | skin rashes |
| pain with urinat | ion freque | nt urination | incontinen | ce | vaginal spo | otting | vaginal discharge |
| bone pain | leg swe | elling | headaches | | hot flashes | | vaginal dryness |
| joint pain | weakn | ess of arm or leg | dizziness | | ringing in e | ears | numbness/tingling |
| back pain | blurred | l vision | bloody nos | е | mouth ulce | ers | dental problems |
| neck pain | impaire | ed vision | Other: | | | | |

Family history of cancer:

The presence of an abnormal gene (BRCA 1 or 2) which strongly increases one's risk for breast cancer is found more commonly in people of certain ethnic backgrounds.

Please circle all that apply to you. Please write *P for Paternal* and *M for Maternal* next to any circled:

| Ashkenazi | Western/Northern European | Central/Eastern European | African | Asian |
|--------------------|---------------------------|--------------------------|---------|-------|
| American/Caribbean | Near/Middle Eastern | Native American | Latin | |

Please check all the boxes that apply to your family members and note the age of the cancer diagnosis.

| Relative | Breast cancer/Age when diagnosed | | Ovarian Cancer/Age | Uterine Cancer/ Age | Colon Cancer/ Age | Prostate Cancer/ Age | Other Cancer/ Age |
|------------------|----------------------------------|--------------|-----------------------|------------------------|-------------------------|-------------------------|----------------------|
| | One breast | Both breasts | | | | | |
| Mother | | | | | | | |
| Daughter | | | | | | | |
| Sister | | | | | | | |
| Sister | | | | | | | |
| Sister | | | | | | | |
| Mat. Grandmother | | | | | | | |
| Maternal Aunt | | | | | | | |
| Maternal Aunt | | | | | | | |
| Maternal Aunt | | | | | | | |
| Pat. Grandmother | | | | | | | |
| Paternal Aunt | | | | | | | |
| Paternal Aunt | | | | | | | |
| Paternal Aunt | | | | | | | |
| Father | | | | | | | |
| Brother | | | | | | | |
| Brother | | | | | | | |
| Brother | | | | | | | |
| Mat. Grandfather | | | | | | | |
| Maternal Uncle | | | | | | | |
| Maternal Uncle | | | | | | | |
| Pat. Grandfather | | | | | | | |
| Paternal Uncle | | | | | | | |
| Paternal Uncle | | | | | | | |
| Maternal cousin | | | | | | | |
| Paternal cousin | | | | | | | |
| Other relatives: | | | | | | | |
| | | | | | | | |
| | | | | | | | |

| I have filled out these forms to the best of my knowledge: | (patient signature) |
|--|-----------------------|
| I have reviewed all 3 pages of this patient's medical history: _ | Marie F. Pennanen, MI |



Chevy Chase Breast Center

| Name: | Referring Physician: |
|-------|----------------------|
| | |

- Please list below the physician(s) who care for you. If you are unsure of their phone number or address, please list <u>any</u> information that would help us locate the individual.
- I typically send a copy of my office visit note to each physician listed below. If you would prefer that I do <u>not</u> send a letter to any of the physicians you have listed, please indicate so by checking the box at the right side of the chart.

Thank you. Marie F. Pennanen, M.D.

| Specialty | Name | City/State Street address (if not local) | Phone/ Fax (if known) | Do NOT send letter to MD |
|---|------|--|--------------------------|-----------------------------------|
| Primary care physician/internist/ family practitioner | | | P: | |
| Gynecologist | | | P: | |
| Medical Oncologist | | | P: | |
| Radiation Oncologist | | | P: | |
| Cardiologist | | | P: | |
| Other (please specify): | | | P: | |
| Other (please specify): | | | P: | |
| Other (please specify): | | | P: | |

Marie F. Pennanen, M.D., F.A.C.S. Chevy Chase Surgical Associates, P.C. Private Surgical Suite, L.L.C.

Patient Registration Form

| PATIENT NAME. | | | | DA I | ⊑. |
|---|-------------------|---------------------------|------------------------------|-----------------|-----------------------------|
| La | st | | First | MI | |
| Home Address: Str | eet | Apt. # | City | State | Zip |
| Home Phone # | , | Nork phone # | Cell phone and/or | Pager # | Social Security # |
| Birth date | Sex | Age | Marital Status | | Driver's License # and Stat |
| Email Address: (For o | clarity, please p | rint in CAPITAL letters) | | | |
| EMPLOYED BY: | | | | | |
| Name | | | Occupation | | |
| Work Address: Str | eet | Suite # | City | State | Zip |
| IN CASE OF EMERO | SENCY, NOTIF | Y : | | | |
| Full Name | | Cell Phone # | Relation | nship | |
| Home Address: Str | eet | | City | State | Zip |
| REFERRING PHYSIC | CIAN or PERSO | ON: | | | |
| Please complete the records. PRIMARY INSURAN | | nation below. We will als | o make a copy of your insura | nce card(s) and | driver's license for our |
| PRIMART INSURAN | Name | | Address | | |
| Subscriber Name | 1 | Relationship to Patient | Subscriber ID # | | Group # |
| SECONDARY INSUR | | Name | Address | | |
| | | | | | |
| Subscriber Name | ı | Relationship to Patient | Subscriber ID # | | Group # |
| **IF YOU ARE NOT | THE "SUBSCR | IBER," please provide t | he following information: | | |
| Subscriber Name | | | Date of Birth | Cell Pho | one # |
| Home Address: Stre | eet | | City | State | Zip |
| Name of Subscriber's | s Employer | | Occupation | Work F | Phone # |
| Work Address: Sti | reet | | City | State | Zip |

PATIENT AGREEMENT REGARDING FINANCIAL TERMS AND CONDITIONS

We are committed to providing you with the best possible care and services. If you have medical insurance, we are happy to assist you in filing your claims so that you may receive the maximum allowable benefits from the insurer. In order to achieve these goals, we need your assistance, and your understanding of our payment policy.

In the event that Marie F. Pennanen, M.D., Chevy Chase Surgical Associates, P.C., and/or Private Surgical Suite, L.L.C., their physicians, and/or assistants file claims with my insurance for services and supplies provided, I hereby authorize that the payments from my insurance company be made directly to the provider(s) of service(s) for all covered expenses. If a procedure or ultrasound examination is performed, a separate facility fee charge from Private Surgical Suite, L.L.C may apply. I have been informed that Drs. Zorc, Pennanen and Winkler have ownership interests in Private Surgical Suite, L.L.C. and I understand that I have an option to be treated at facilities other than Private Surgical Suite, L.L.C. if desired. If one of our advanced practice providers provides care, there may be a charge for their services. A charge of \$60.00 may be assessed for missed appointments without 24 hours advance notice. A charge of \$400.00 may be assessed for surgical procedures canceled without 48 hours advance notice.

I understand that whether or not the provider is a participating provider with my insurance plan, it is ultimately my responsibility to ensure the provider is paid for the services rendered. I understand that the filing of insurance claims is a courtesy that is extended to me and the courtesy does not relieve me of my primary responsibility to pay for services rendered to me (or my minor child). It is my responsibility to make sure that my insurance company processes the claims properly and payment is issued promptly to the provider. It is my responsibility to fully understand the terms and conditions of my insurance policy regarding the procedures for the filing of claims, what medical procedures and treatments the insurance policy does and does not cover, what amount, if any, the insurance company will pay for medical services, and what the co-payment and deductible amounts may be. It is my responsibility to make sure the insurance company is notified of any proposed treatments and surgery and that any applicable pre-authorization requirements are fulfilled.

Unless otherwise agreed upon in writing by the provider, payment for services is due at the time of service. Payments can be made with cash, check, and or credit card. Returned checks will be subject to a \$35.00. I agree to pay interest of 1.5% per month on any balance past due. If my account is turned over to a collection agency or an attorney for collection, I also agree to pay 100% of collection fees, court costs and other expenses incurred as a result of said collection.

I understand that I can discuss my proposed treatments and charges in advance with the providers of the service.

I understand that unless my provider (Marie F. Pennanen, M.D., Chevy Chase Surgical Associates, P.C., and/or Private Surgical Suite, L.L.C.), is a participating provider with my insurance:

- 1. I understand that the insurance policy is a contract between the insured and the insurance company and that a non-participating provider is not a party to that contract and therefore not bound by its terms and conditions.
- 2. I understand that the provider is not bound by the fee payment structure of the insurance plan and I am responsible for whatever portion of any charges the insurance carrier does not pay.
- 3. I understand that not all services are a covered benefit in all insurance contracts or policies and some insurance companies select certain services they will not cover and that these charges are my responsibility.
- 4. I understand and agree that if my insurance company sends any payment to me for services provided, I will endorse and forward the payment and send copies of the explanation of benefits to the provider.

We must emphasize that as medical providers, unless we are a participating provider, our relationship is with you, not your health care plan. While the filing of insurance claims is a courtesy that we extend to our patients, all charges are your responsibility. We realize that temporary financial problems may affect timely payment of your account. If such problems do arise, we encourage you to contact us promptly for assistance in the management of your account.

I hereby authorize and give consent to any and all of my providers to inquire of my insurance company or companies on behalf of my account, to request information regarding claims paid, denied, or under consideration and to initiate requests for review of claims, appeals and/or complaints on my behalf. I certify that the above information is correct and complete, and further authorize the release of any necessary information, including medical information for this or any related claim, to my insurance company in order to determine benefits to which I may be entitled. I agree to provide notification of any address, telephone number and insurance company changes within 30 days if I have outstanding medical bills or unresolved medical issues so that I can be contacted by my provider(s). I permit a copy of this authorization to be used in place of the original. This authorization may be revoked by me at any time in writing.

If you have any questions about the above information, or any uncertainty regarding your health care insurance coverage, PLEASE do not hesitate to ask us. We are happy to help you.

By my signature, I indicate that I have read, understand and do hereby accept the terms of this agreement.

| Signature (by patient or guardian): | Date: |
|-------------------------------------|--------|
| PATIENT NAME: | Acct # |

Chevy Chase Surgical Associates, P.C. Chevy Chase Breast Center

5530 Wisconsin Avenue #1455, Chevy Chase, MD 20815

| | Contact Information She | et | |
|--|---|---------------------|--------------------------------|
| Leave a detailed Please contact me on my o Leave a name a Leave a detailed Please contact me on my v | and callback number <u>only</u> . d message. cell phone: and callback number <u>only</u> . d message. work phone: and callback number <u>only</u> . | | |
| <u>—</u> | tc. Please indicate how you wo | uld like to receive | these: ting outgoing emails; I |
| Appointment Reminders Please indicate the method or method Email reminders Text message reminders to Voice message to my (pick | o my cell phone | e to receive appo | intment reminders: |
| ☐ home phone 〔 | □ cell phone □ work phone | | |
| Emergency Contact Information In case of an emergency, I authorize of the contact in the contact | | | |
| Medical Information Release I hereby give permission to release m condition to (name/relationship) | edical information pertinent on | nly to my current i | medical |
| eonation to (name, relationship) | | | · |
| Patient's Name (Print) | Signature of Patient or Legal | Guardian | Date |

Marie F. Pennanen, M.D. Chevy Chase Surgical Associates, P.C. Private Surgical Suite, L.L.C.

Privacy Notice Statement • Our Privacy Notice informs you of our use and disclosure of your Protected Health Information (PHI), defined as: "any information, whether oral or recorded in any medium, that is either created or received by a health care provider, health plan, public health authority, employer, life insurance company, school or university or clearinghouse and that relates to the past, present or future physical or mental health or condition of an individual, the provision of health care to an individual, or the past present or future payment for the provision of health care to an individual". • Our office will use or disclose your PHI for purposes of treatment, payment and other health care purposes (TPO) as required to provide you the healthcare services that we offer. It is our policy to control access to your PHI and, even in cases where access is permitted, we exercise a "minimum necessary information" restriction to that access. We define minimum necessary information as the minimum necessary to accomplish the intent of the request. • An Authorization differs from this Privacy Notice in that it is very specific with regard to the information allowed to be disclosed or used, the individual or entity to which the information may be disclosed, the intent for which it may be disclosed, and the date that it was initiated which may include the duration of the authorization. This is a form, separate from a Privacy Notice, and usually used only for one specific request for information. In the event of a non-health care related request for personal health information; this office will request you to sign an Authorization Form. Inquiries of a non-medical or non-routine nature will be recorded and maintained for a period of six years from the date of the last request and can be viewed by you, the patient, at your written request. Inquiries resulting from your Authorization may not be tracked under the assumption that you are already aware of them. You, as our patient, may revoke your Authorization or restrict the disclosure of your healthcare information in writing at any time and our use and disclosure will be revised accordingly, with the exception of matters already in process as a result of prior use of your PHI. To revoke either the Consent or the Authorization, you will have to provide this office with a written request with your signature and date and your specific instructions regarding an existing Authorization. Any revocation will not apply to information previously used or disclosed. • If you had a "personal representative" initiate your Authorization, you may revoke the authorization at any time. • You, the patient, have access to your health care information and may request to see your information, may request copies of your information, and under the law, you may request amendments to your information. The physician or principal will exercise professional judgment with regard to requests for amendments and is not bound by law to make any changes to the information. If the physician or professional agrees with the request to amend the information, the covered entity is bound by law to abide by the changes. • In limited circumstances, The Privacy Standard permits, but does not require, covered entities to continue certain existing disclosures of health information without individual authorization for specific public responsibilities. These permitted disclosures include: emergency circumstances; identification of the body of a deceased person, or to assist in determining the cause of death; public health needs; research, generally limited to when a waiver of authorization is independently approved by a privacy board or Institutional Review Board; oversight of the health care system; judicial and administrative proceedings; limited law enforcement activities; and activities related to national defense and security. There are specific state laws that require the disclosure of health care information related to Hepatitis C, and AIDS. Where the state laws are more stringent than HIPAA Privacy Standard, the state laws will prevail. • In some occasions, this office may furnish your PHI to a third party, such as an insurance company for the purpose of payment, or another health care provider for further treatment or additional services. Although we will institute a "chain of trust" contract and monitor our business associates' contracts with us, we cannot absolutely guarantee that they will not re-disclose your PHI. § Although the law requires a signed and dated Privacy Notice, this office does not demand that you sign the agreement as a condition of receiving care. It is the law that your rights are communicated in this manner. We seek only to obtain your signature and date to affirm that you have received the Privacy Notice, not that you have read it or agree with it. It is an expression of our practices and your rights. • In complying with the Privacy Standard, we have appointed a Privacy Officer, trained our Privacy Officer and the staff in HIPAA Privacy Standard requirements, and implemented policies to protect your PHI. We have instituted privacy and security processes to guard and protect your PHI. This office is taking steps and continues to monitor and improve processes for the protection of your information and to remain in compliance with the law. §

| Please sign below and date the form indicating only that you have received this Privacy Notice. |
|---|
| |
| |
| Signature of Patient or Personal Representative |
| |
| |
| Date |
| |
| |